President’s Report

Evolution of Maintenance: Public vs. Private
Don Curiale

And so it began. In 1982, a small group of Hamilton/Ipswich landowners gathered for a meeting to discuss concerns of threatened open space, the possible loss of horse trails, and land abuses by equestrian trail users. The legendary Mrs. Joan Appleton of Appleton Farms sent the Myopia Hunt Master, Mr. Neil Ayer, a check for $50 to start a group to oversee the landowner concerns. Soon, ECTA founders Susanna Colloredo, Ann Getchell, Susie Stone and others established a group to maintain landowner relationships to keep trails open for horses on primarily private land.

Now, in 2008, twenty-six years later, many land uses have changed. ECTA still maintains private lands and trails for horses, but now also maintains specific trail projects on public land as well. These important trails are used for jogging, cross country skiing, walking, and bicycling as well as horseback riding. An evolution from working with several private landowners to working with many different landowners and organizations has taken place. The large estate landowners who own many acres of open space and trails have dwindled in numbers, and that way of life has become more a part of history than the present. In response, ECTA works with many different landowners, land trusts, town boards, town commissions, public parks, state government agencies, private trail easements, and corporations.

ECTA now maintains many public trails that welcome passive recreation for all trail enthusiasts, including public and private easements.

Many wonderful public trails are connected by private trails, such as this one leading to Bradley Palmer State Park. ECTA funds help maintain both public and private trails, making the access better for everyone!
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From the President

Continued from page 1

ments as well as town-owned trails. We also maintain trails owned or managed by several organizations, including:
• The Trustees of Reservations (Appleton Farms & Crane Beach)
• Biolabs property in Ipswich
• Bradley Palmer State Park
• Willowdale Wildlife Refuge
• Essex County Greenbelt Assoc.
• Pingree Reservation
• Bay Circuit Trails
• Hamilton Wenham Open Land Trust

The evolution has taken place. ECTA is not “just” an equestrian organization. We work hard to include ALL passive recreation. Now go out and enjoy the trails on foot, on bicycle, or on skis.

25th Anniversary Party


Over $104,000 was raised that evening. (No, that is not a misprint.) I was so excited by the generosity and support for ECTA that evening. As auctioneer, Don Little did a fabulous job while I jumped up and down with appreciation and excitement. As a result, the Budget Committee was able to raise the trail maintenance budget for 2008 to $50,000 – a 12% increase over last year’s budget!

On behalf of the Board, the Officers, Advisors, and members of ECTA, may I take this opportunity to publicly thank all who pledged donations that evening and purchased silent auction items, and all who donated items, time, and food towards this successful party and fundraiser. And I would like to say another Thank You to Wendy and Josh for their hospitality.

All-Season ECTA

Something magical is happening this winter. Snow, gray skies, and biting winds don’t seem so bad when there are also hours of sunshine, birds cheerfully reappearing after a storm or cold night, and beauty in the snowscape all around us.

What has happened to my disdain for winter? I’ve been walking. Yes, outside in the cold. The exercise and sunshine has made a huge difference in my outlook and winter seems almost tolerable. Though I’m not ready for the five or six miles that ECTA Advisor Jim MacDougall easily covers, or the treks Susanna Colloredo has made part of her daily life and travels, I, too, am benefiting from the outdoors. I miss riding on the trails with my horse now that many trails are closed and the footing is unsuitable, but I still enjoy them on foot or on cross-country skis.

Whether walking, riding, or skiing, I have the ECTA to thank for introducing me to a wonderful network of trails under the protection of several different organizations, or privately owned and made accessible to ECTA members. Members like some of our contributors this month: the Sandullis, who ski right out their door through Ipswich and Hamilton trails; Barbara Ostberg, who leads walking enthusiasts on the many trails in Ipswich; Sue McLaughlin, who shares her knowledge of the Chebacco Woods trails. Read on to learn all about these and other trails that you can enjoy.

Walking is good for the winter soul! And great exercise, too. Some ECTA members have expressed interest in ECTA-hosted walks throughout the year. If you would like to be on the email list for scheduled walks, please send your name and email address to ectanewsletter@hotmail.com, with the subject line Walking the Trails with ECTA. -- Pam Mansfield

ECTA Board of Directors
ECTA Recipe for Winter Fun
Joe and Chris Sandulli

There are four elements essential to good times on the ECTA trails: Connection to the trail system; cross-country skis; friends to cut tracks; and a destination.

Although you can drive yourself to trail heads in Appleton, Bradley Palmer, or Willowdale, the ideal is to start from your home. If you are not already on the trail system, try to connect with it. We cut our trails before we built our house and we cut them clear enough to ride the horses through. If a rider is not hitting tree branches on the horse, the trail is probably clear enough that the tree branches won’t drop snow down your back as you pass by on skis. From our front door we connect with the Bird Reservation, Appleton Farms and the world.

On skis, we can also explore territory closed to horses. After a heavy, wet snow, we like to try the nature trails behind Crane Beach, skiing up and down the snow-covered sand dunes. Or we ski through Appleton Grass rides on trails lined with mountain laurel.

With the deep and frequent snow this December, it was necessary to cut tracks in it. While Appleton Farms is often tracked early in the morning by a few dedicated skiers, many other trails are not tracked. Cutting tracks is hard work but made easier if you can distribute the work among friends. The more people who pass on the track ahead of you, the smoother going the track. Heavy people make particularly good track cutters because they pack down the snow. So, be sure to bring along friends to take turns going first through the deep snow. Don’t tell them you selected them for their ability to compact the snow.

Finally, you need a destination. A favorite destination for us is the Black Cow in Hamilton. We ski from our doorstep on County Road across the railroad track to the Bird Reservation, to the Polo Field, across Appleton’s, into the Grass Rides, across Cutler Road to the Harvard Forest in Hamilton, finally to the Myopia Training Field. We take off our skis there and walk to the restaurant for a beer and the fried calamari with chipotle aioli. Calories are no problem when you are skiing on a cold day.

Since there are plenty of ECTA members on the trail system, you might pay one of them a visit. Back in December Don Curiale heard that we would be skiing by and offered to receive us. Chris and I and our friends Bill Castle, Joan Richards and Tammy Gardner skied out from our house on County Road through Appleton Farms into the Grass Rides and then back to Don’s where we were treated to a fire in the fireplace, smoked salmon, bagels, a pot of tea, and a bottle of Port. It doesn’t get any better than that.
Walking the Ipswich Bay Circuit Trail

Barbara Ostberg

We walkers share many local trails with horseback riders. We know horses have been there because your mounts do leave occasional reminders, but unless you meet up with us, you probably don’t know that walkers also have been by. We have learned that should we meet up, the safe and courteous response is to stop and step off the trail until the riders pass... admiring the horses and thinking sometimes with some envy of how many more miles the riders cover. We greatly welcome the help both the horses and riders and ECTA personnel provide in making the trails usable for all.

Every Wednesday at 9:30 a.m. from mid-September until mid-June with a month or so out in December and early January a group of hikers meet at the Town Wharf on East Street in Ipswich. The numbers vary considerably. On a sparkling fresh day in the Fall, there can be twenty, and on a freezing overcast day in February, there may be just a few. The purpose is not to have a hiking club as much as it is to introduce all comers to the wonderful trails that are free for the knowing in Ipswich and environs.

Usually we carpool to whatever trailhead is chosen for the day and the location depends on the numbers of hikers, on the weather as some trails are not passable after rainy spells or spring run-off, and on the tide as some trails are not passable except at low tide. Ice can also curtail.

Since the walks are sponsored by the Ipswich Bay Circuit Trail Committee, we make a point of covering the eleven miles of the dedicated Ipswich Bay Circuit Trail during the year partly to make certain those particular trails are not in need of better signage or bushes being clipped and very occasionally to pick up trash. That trail starts at Prospect Hill on Rte 133 in Rowley, passes by the East boundary of the Ipswich Country Club, crosses the town-owned land on which we have just completed three bridges, traverses a Marini farm road to cross Linebrook Road, and enters Willowdale State Forest. (Bay Circuit trails are marked with a white dollar size blaze and occasional IBC square marks). The trail crosses Rte. 1 at West Street, continues through Willowdale West into Georgetown where it passes over the Rowley Road into Georgetown State Forest.

Many trails interconnect with the Bay Circuit trail, but there are also many other excellent hikes. During the course of the year we visit other sections of Willowdale State Forest East and West, Bradley Palmer, Appleton Farm and Grass Rides, trails around Castle Hill and the Crane Estate, Town of Ipswich, Trustees of Reservations and Essex County Greenbelt Conservation lands, trails on Turner Hill, New England Biolabs, Discover Hamilton Trail, The Salem Beverly Waterway Canal, Cleaveland Farms State Forest, Sawyer’s Island in Rowley, Maudsley State Park in Newburyport, parts of Plum Island, etc.

Occasionally a new hiker introduces us to unknown trails. Serious snow, ice or rain automatically cancels.

Every Wednesday at 9:30 a.m. from mid-September until mid-June with a month or so out in December and early January a group of hikers meet at the Town Wharf on East Street in Ipswich. All are welcome. If you have questions please call 978-356-5823.
Willowdale Mill

Hamilton – 25 acres – Protected in 1969

Essex County Greenbelt’s Willowdale Mill Reservation protects 1,500 feet along the Ipswich River. The surrounding woods are dotted with white pine, and layers of pine needles carpet the broad walking paths. On the other side of the river is Foote Brothers Canoe Rentals, something to keep in mind if you prefer to explore the river by boat.

Greenbelt owns a fish ladder that allows passage of migrating fish around the Willowdale Dam, which was historically used to power a textile mill first established at this site in the mid-1700’s. Remnants of the mill can be clearly seen – earth, stone and wooden reminders of a century’s labor. Dams like the one here have far-reaching impact on river ecology. First, they make it impossible for anadromous and catadromous fish like alewives, herring and American eels to complete their annual migrations between freshwater and the sea. In addition, many non-migrating river fish depend on these migrating fish for sustenance, so their disappearance can have a devastating effect on populations of green sunfish, bluegills, pumpkinseed, largemouth bass, yellow perch, chain pickerel, catfish and trout, among others. In recent years, Greenbelt has worked with the Massachusetts Division of Marine Fisheries and the National Oceanic and Atmospheric Administration to find ways to improve fish passage at our fish ladder.

Courtesy of ECGA. Willowdale Mill is open to hikers, skiers, mountain bikers, and riders. Visit their website at www.ecga.org for more maps of other properties to enjoy!

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Mark Your Calendar

Saturday, April 19th
ECTA Equine Expo at Topsfield Fairgrounds - come join the fun and shop till you drop!

Saturday, June 7th
Day at the Races at Suffolk Downs - luncheon in the Club House - racing and betting!

Saturday, September 20th
Poker Ramble (rain date Sunday, Sept. 21st is planned). Marked trails for horses, walkers, and cyclists. Lunch included and prizes awarded for each group.

Caution: Mud Season Ahead - PLEASE RESPECT the “CLOSED” SIGNS

March and April are Muddy Season months. Please be kind and gentle to your trails. Riders, stay off until they are dry! Most trails open around the 1st of May depending on trail conditions. To see the latest updates, check the website at ectaonline.org, or to advise of trail closings or openings, please contact doncyes@aol.com. Landowners who need to post or remove signs can contact ECTA at any time.
Discover Hamilton Trail
Carol Lloyd

The Discover Hamilton Trail is a beautiful nine-mile trail that runs through Hamilton and is open to all forms of passive recreation. It is a part of the Bay Circuit Trail but has sadly been neglected over time and is in desperate need of attention. The Bay Circuit Alliance approached us in the fall asking if we would work with them in Hamilton. At the full ECTA board meeting in the fall we voted unanimously to support the Bay Circuit Alliance’s efforts in Hamilton.

In January we met with Alan French, Bay Circuit Alliance, Dan Streeter, New England Mountain Bike Association, Kim Radochia and Barbara Lawrence from Hamilton Wenham Green about working together to rejuvenate the Discover Hamilton trail.

The Hamilton Wenham Green group is holding a Trails Day and would like to host a walk on the Discover Hamilton Trail on April 12. ECTA is using this date as our deadline to have the trail newly marked, cleared and any significant repairs necessary for passage complete. We are very pleased to be in a position to work with these groups and add value to their missions as well as our own. We will send you details of the Trail Day as it nears.

ECTA is for Everyone

Susanna Colloredo-Mansfeld

ECTA’s primary mission is the maintenance of the trails – public and private – in our member communities.

Although most private trails are by owner request limited to equestrian use, ECTA should by no means be thought of as a strictly equestrian organization.

Many non-private trails we monitor and maintain are open to multiple passive recreational use. These include Bradley Palmer and the Willowdale Wildlife Refuge, Essex County Greenbelt and Hamilton-Wenham Open Land Trust properties, and certain protected easements which allow walking, cycling, and cross-country skiing as well as horseback riding.

Much as we might like to expand our multi-use trail network, we cannot permit uses not authorized by the landowners. It is our hope that more will eventually permit hiking, biking and skiing, periodically if not full time. As it is, most continue to permit the long-standing equestrian tradition but are understandably not comfortable with the idea of unlimited foot and bicycle traffic. A number of landowners have for three years generously allowed us to use their land for the “Run for the Trails” foot-race, and they and others will hopefully welcome more such events in the future.

Unfortunately, ECTA cannot now guarantee equal trail access to all our members, but it should not be perceived as an equestrian organization. We are here for everyone, and will continue to do everything in our power to keep as many trails as possible available and in good condition.

Join Us for a Walk!

April 12 - Discover Hamilton Trail - information to be sent closer to date.

March 16, June 15, September 21, and December 21 - Chebacco Woods - meet at entrance sign at 1:00 p.m.

Mid-June to mid-September, every Wednesday at 9:30 a.m. Town Wharf on East Street in Ipswich for Bay Circuit Trail

September 20 - Poker Ramble marked trail for walkers - Bradley Palmer- watch for information closer to the date.

If you would like to organize a walk, let us know about upcoming events, or be emailed about upcoming walks, please send us an email at ectanewsletter@hotmail.com.
Preserving the trails in Bradley Palmer State Park has always been a priority for the ECTA. People from all over Massachusetts come to Bradley Palmer to use its miles and miles of beautiful trails whether it be on horses, on foot, or on bicycles. Sadly in Massachusetts, as the State Parks receive less funding, the trails become in more need of repair.

Park officials at Bradley Palmer see the need to proactively begin the process of getting the trails back into shape. They have asked the ECTA to work with them and other groups who use the trails, to develop a Master Trail Management Plan. We excitedly agreed to help and have met with Dept. of Conservation Resources (DCR) staff and have decided upon a process.

The ECTA will make an inventory of all of the trails in the park. This trail inventory will include major trails as well as smaller secondary or spur trails. Jim MacDougall, one of our ECTA advisors, has extensive mapping and GPS experience and volunteered to do this for us. He has walked 90% of the trails already with a GPS unit recording trail conditions, i.e. washouts, tree roots, rocks, etc., and culverts, and horse jumps. Jim will go back in the spring to finish this process and to record any wet spots that may not have been there in the fall. His experience is invaluable and we can’t thank him enough for all of the time he has committed to this project.

When this is complete, we will meet with other users of the park, i.e. Dan Streeter, President of the New England Mountain Bike Association, and others to learn of their trail priorities. We will identify the necessary work to be done, the dollars needed to complete this work, and put the trails in order of priority for completion. We will work with Bradley Palmer officials during each phase of this project to get their feedback and approval. Once the plan has been developed and agreed to, work can begin.

When this project is complete we hope to be able to implement the process in other parks in our region. This project is exciting as it allows us to: make a significant contribution to preserve the trails in our region, collaborate with other trail preservation groups including the DCR, and use this experience to save other areas. Stay tuned to learn of our progress!

Chebacco Woods Update

Sue McLaughlin

Improvements are ongoing on the Chebacco Woods trail network. New material has been put down on the trail around the edge of Round Pond along with part of the trail through the center of the property. Last fall the work was cut short due to the very dry conditions in the woods. Equipment wasn’t allowed into the area. Two collapsed culverts have been removed and swales were put in their place. This year more material will be put down in muddy areas and one section of a trail will be rerouted due to wet conditions.

Gordon College, which owns abutting land and trails, has been improving their trails for several years. They also donated material and labor to help finish one of the trails in the Chebacco Woods.

Guided walks are led quarterly (meet at 1pm) on the third Sunday of March, June, September and December by a member of the Chebacco Woods Management Committee. Park alongside road. Meet at trailhead sign. For more information, contact ectanewsletter@hotmail.com.
Mass. Audubon Honors Environmental Activist from Hamilton

Steve Landwehr - Salem News

HAMilton — She’s best known locally as co-founder of an association that manages a trail network favored by equestrians and pedestrians. But you’d have to be a mighty determined rider or walker to reach all the places her influence has been felt.

Hamilton resident Susanna Colloredo was recently honored with Mass. Audubon’s 2007 “A” Award for environmental activism. The citation noted her work to establish the Essex County Trail Association in 1982 and also her efforts to protect the environment in Wyoming and Alaska over the years.

A self-described housewife with a passion for the environment, Colloredo visited Alaska a year after the Exxon Valdez oil tanker struck a reef in Prince William Sound and spilled an estimated 11 million gallons of crude oil in 1989.

“I met a whole lot of people and got very interested in what they were doing,” Colloredo said.

In particular, she became a board member of a group of fishermen who banded together after their once thriving village — Cordova, Alaska — was devastated by the oil spill, causing losses that continue to this day. She also worked with the Eyak Indians in Alaska to preserve thousands of acres in the Copper River delta. And she’s on the advisory board for the Jackson Hole Land Trust in Wyoming, the Fund for Alaska and the Land Trust Alliance.

In May 1991, Colloredo was one of more than 200 people who visited the coast of Alaska from Ketchikan to Kodiak on a tour organized by David Rockefeller Jr. As a result of the trip, the Sail Alaska Fund was established in 1992. What has now become the Alaska Fund for the Future has granted more than $320,000 to 63 separate projects since then.

“It’s a great land up there, and it’s being damaged by climate change,” Colloredo said.

Mass. Audubon spokesperson Jan Kruse said award recipients are nominated every year by Audubon staff and board members, although the award is not given out every year. Honorees are selected based on their overall contributions to environmental protection, Kruse said.

Colloredo’s dedication to the environment has been noted in her hometown. In the past few years, she’s placed several pieces of her property under conservation restrictions that will keep them from becoming subdivisions in the future.

Colloredo did not attend college and said she did not do well in school, but she’s found out quite a bit by living and learning.

“I just keep taking the knowledge that comes in every day,” she said.

She became passionate about the environment to try to preserve it for her children, she said, and now has 10 grandchildren who keep her plugging away.

“It’s a tremendous honor,” Colloredo said of the award. “It’s always encouraging when you work away at your passion — and it’s not easy — and then to be recognized. It’s overwhelming.”

As printed in Salem News, December 2007
Membership Renewal Time!

Judy Gregg

Renew now for 2008:

♦ Renew your membership and receive your 2008 trail tag(s) in time for opening of trails. See trail use etiquette notes on our website
♦ Being a current member informs landowners that you understand and are cognizant of their land use wishes.
♦ DO IT NOW while you have the time, and then you are done for the year.
♦ Membership forms can be downloaded from the website: ectaonline.org

Trail Tags:

♦ OUTDATED tags. When the trails “open” for the season, don’t be left behind because you forgot to renew your membership. (I recently saw some 2005 tags!)
♦ Display your trail tags at all times, or a landowner may ask you to leave. There have been several instances this past year with unhappy landowners asking people to leave their property.

Horse Trailers:

♦ For 2008, we ask that an ECTA decal be placed on a window of your horse trailer.
♦ Members - please remember to indicate on the membership application that you are an equestrian. A decal will be included in your 2008 trail tag package.

Waivers & Myopia Hunt permits:

♦ Return signed waivers and Myopia Hunt (if appropriate for you) permits in a timely manner.
♦ We ask all landowners to be sure to sign and return their waivers as well.
♦ A copy of the waiver and/or the Myopia Hunt permit can be downloaded from our website: ectaonline.org.

Use of Appleton Farm Trails:
(This is a Trustees of Reservations property, often referred to as a TTOR property.)

Equestrians,
♦ ECTA members are required to be a member of both ECTA and TTOR.
♦ Members planning to ride/drive/hunt on Appleton Farm trails need to enroll in the Green Horses program and receive their green horses trail tag(s).
♦ Members must display the Green Horse tag along with the ECTA trail tag at all times

Dogs:
♦ An ECTA member walking with a dog is required to enroll their dog in the TTOR Green Dogs program and will receive a Green Dogs tag.

Application process for Trustees of Reservations:
♦ The TTOR office will (if they have not already done so by the time you get this newsletter) send out their TTOR membership renewal applications.
♦ If you are a new ECTA member, or you have not received the application,
♦ Contact the TTOR membership office directly at
13th Annual Equine Expo 2008 and Paraphernalia Sale
Hosted by Essex County Trail Association
Saturday, April 19, 2008 from 9:00 - 3:00
Topsfield Fairgrounds - Route 1, Topsfield, Mass.

Come to our 13th annual event - a large indoor marketplace of items (new & used) as well as services for the horse, rider, driver and dog owner. Over 80 vendors will participate this year with a wide variety of products.

Demonstrations run from 9:30 am to 2:30 pm. This year we will have twin mules from RI, horseback search & rescue on a gaited horse, and Noir, a trick horse belonging to New England Equine Rescue.

Dog demos will feature Fit-N-Trim, an organization that helps dogs and owners reach their goals with confidence. They offer classes from puppy training to agility. The demo will be an exciting agility performance. Also doing a dog demo will be Old Colony Obedience Club, who offer all levels of obedience training from puppy to competition.

ECTA will also run one of their fabulous silent auctions with over 85 items for bid from gift certificates to prints.

Admission is $4 and parking is free. A food truck will be open for breakfast and lunch. We are handicap accessible.

Sponsorship $175, patrons $50 and vendor spaces $75 are all needed to make this event a success. We also have ads in our program booklet available.

The day of the sale volunteers are needed for many different jobs which are short shifts to man tables. Donations of used items for the ECTA are needed as well as new items for the auction.

Every year this event gets larger. Plan on attending for a one-stop shopping experience.

Please contact Kay 978-768-6275 or Sue 978-468-7715 or kljoreo@aol.com for further information or pickup of items.

Crane Beach Riders' Checklist

√ Please pick up manure and shavings from parking lot.

√ Please don’t pass white signs at high water mark on both ends of beach: just before rocks when riding to the left, near Steep Hill Beach; and close to the Essex River, when riding to the right. It is to protect the clam flats in the rivers.

√ Please don’t park to right of driveway in largest parking lot. That lot is reserved for cars only.

√ Please enjoy the BEST BEACH RIDING in this area!

Appleton Farms Rider’s Checklist

√ Remember that horses are only permitted on avenues which are suitable for autos during the winter months, usually until May 1.

Photos of Crane Beach (right) courtesy of our members. Clockwise from top right:
* Janine & Joe Willwerth, horses Ivan and Atse, it just doesn’t get any better than a winters ride on Crane Beach!
* Footprints in the sand - dogs and people love walking the beach, too.
* Paul and Edie McKinnon riding Missy and Anthem.
* On any given day at low tide, the parking lot is filled with trailers (don't forget to clean up after yourself and your horse!)
* Felicity Beech flying on Brecon.
* Ellen Alden riding her best Buddy.
* Garby Hiemann, West Newbury, gallops the shoreline on Geppy.
Crane Beach in Winter
Children delight in the birds at Ipswich River Wildlife Sanctuary.