



ESSEX COUNTY TRAIL ASSOCIATION

Preserve, Maintain, Respect

Spring 2020

A View from the Chair

Greetings friends of ECTA!

It is with excitement and a sense of optimism that I begin as Chair of the ECTA Board. Our organization, like so many others in Essex County, is currently in a state of suspended animation. We are temporarily unable to meet in person with our staff or as a board, and for now unable to host the events that connect us personally with our many friends and supporters – the trail runs, Equine Expo, trail rides, the Summer Solstice Party. To us this means the loss of some essential funding that our trail maintenance depends on, but more than that, it means the loss of personal contact with those who use our trails, and the chance to gather together with them for projects, for fun, or for celebration. At the same time, our trails are being enjoyed more than ever by families, couples, and visitors to our area who have never before explored what Essex County's incredible trails have to offer. After weeks of sheltering indoors and with sports and group recreations cancelled, we find there's something uniquely comforting and freeing about walking, riding, running, or cycling outdoors, with just sky overhead. An expansive view across a wide open field, the wind through trees at the top of a rise, and the beauty and sounds of the earth awakening in spring lifts our spirits. Life goes on, and eventually we will too. In the meantime, ECTA continues to maintain and repair trails. We have a dedicated group of trail stewards who monitor hundreds of miles of trails, and we continue to identify projects and do our work.

Our ability to continue ECTA's mission despite the sudden loss of income is thanks to the steady and skillful leadership over the last 6 years by Susan Lawrence. We are in good shape, and well positioned to ride this out. We have a wonderful group of engaged people on our board who represent a variety of trail activities, and a highly capable team of individuals who do our work, led by Carol Lloyd our Director of Trail Management, and Stacie Capotosto, our Outreach Coordinator. Better days are coming, and when they arrive, we will be here and eager to meet them.

Stay well everyone,

Martha Sanders
Chair, Board of Directors



Photo by Mark Liptak

Thanks for the Trails!

By Eric J. Krathwohl, Board of Directors

ECTA's Second Annual Thanks for the Trails 5K Trail Race, held at Patton park in Hamilton on November 29, 2019, was a rousing success and much fun was had by all. A beautiful clear and cool day greeted the over 150 runners and 30 volunteers. Hugo Milner was the first across the finish line for the second year in a row, leading the Masconomo Project to the Team win. The top woman and age-graded was Gillian Meeks, also of the Masconomo Project. It was a very competitive race with 15 men finishing under 20 minutes and 7 women finishing at or under 22 minutes. Runners hailed from Hawaii to California to the United Kingdom. Patrick Rich won the men's age adjusted prize, taking home a \$100 check and a beautiful handcrafted mug. There was a tight battle for the second place team prize, but Team Whirlaway edged out Team Gloucester, that had the youngest 5K runner, Skye Ciolino, aged 12.

Numerous local businesses helped make the race a fun event for participants and a beneficial fundraiser for ECTA: **EBSCO, New England BioLabs, Institution for Savings, Rich May, PC., National Grid, Ipswich Bay Glass, Cape Ann Savings, Giblee's Menswear and Savoie Nolan Architects.** Numerous other businesses provided many of the excellent performance and raffle prizes or post-race food and drink: **New England Running, Seaside Cycles, Coastal Greengrocer, Russell Orchards, Tendercrop Farms, Crosby's Markets, Greenhead Music, Zumis, East End Bagels, Ipswich Ale.** The new benefits in 2019 included hot soup at the finish line and gift cards for food or drink at 15 Walnut. For a fun recap of the event, check out the link to the video (including excellent drone footage) on our website, produced by ECTA's own Chair, Martha Sanders! Video Link: ectaonline.org/events/thanks-for-the-trails-2019/

ECTA is looking forward to holding the Third Annual Thanks for the Trails 5k and Kids Fun Run on November 27, 2020. We hope that the race will not be the first of 2020, but if it is, we will make it a great one! We have some new ideas that we are working on, so stay tuned! Of course, we will be monitoring government guidance as well as responsible measures for the health and safety of all, and make a decision in early fall.

With the lack of races until the fall, we see many others picking up the concept of virtual races ECTA initiated in 2016. ECTA is looking at renewing that idea and will be sure to get the word out if we can host a virtual race or two.

Due to the COVID-19 state directive, we have postponed some of our spring events and for now have scheduled them for late summer and fall. Please visit our website for updates.

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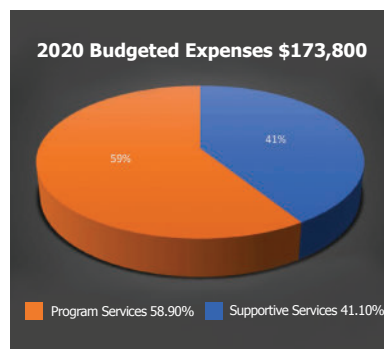
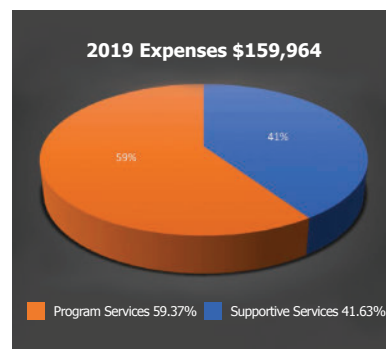
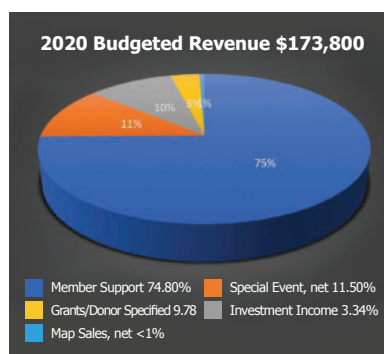
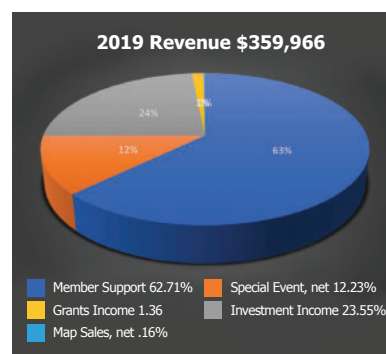
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Financial Report 2018 and 2019

ASSETS	2019	2018
CURRENT ASSETS		
Cash and cash equivalents	\$62,135	\$84,550
Accounts receivable, net	955	825
Prepaid expenses	8,056	6,516
Unfunded deposits	80	7,870
Total Current Assets	\$71,226	\$99,761
OTHER ASSETS		
Investments at cost	522,137	318,747
Unrealized gains (loss)	61,551	36,423
Total other assets	583,688	355,170
Total Assets	\$654,914	\$454,931
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable – general	\$ -	\$ -
Accounts payable		
credit card & accruals	43	62
Total current liabilities	43	62
Total Liabilities	43	62
NET ASSETS		
Unrestricted	518,554	400,815
Temporarily restricted	136,317	54,054
Total net assets	654,871	454,869
Total Liabilities and Net Assets	\$654,914	\$454,931

A Message from Chris Pulick, Treasurer

Successful events, grant income and generous donations put ECTA in positive financial shape at the end of 2019. As we rely primarily on you, our members and donors, to provide the funds for our trail maintenance work, your ongoing support enables us to continue our work without interruption. For those who are able to maintain their memberships and support of ECTA at this time, please know that we very much appreciate it!



Thank You to Our Sponsors!

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Bradley Palmer State Park
Photo by Mark Liptak

Looking Back: A Note From Susan Lawrence

Dear ECTA Members and Friends,

As you may know, after six years, I have decided to step down as Chair of the ECTA Board of Directors. I look forward to working with the new Chair of the Board, Martha Sanders and Deb Hamilton, the new Vice-Chair as well as our new Outreach Coordinator, Stacie Capotosto.

I am very pleased and proud to share some noteworthy achievements we have had the last few years. Through careful management, fundraising and outreach, we have doubled our assets. ECTA now holds 29 easements over private land and we maintain over 450 miles of trails. Last spring we added 30 new Trail Stewards bringing the number to 50 and we have grown the Advisory Board to 29 people. Our Board of Directors numbers 15 and we celebrated 35 years of maintaining trails! ECTA's work is not only the maintenance of trails by removing down trees and adding pack to level a trail that has eroded, but also repairing and replacing culverts, dealing with rampant growth of invasive species and building bridges and boardwalks. Amazingly, this work is largely done by ECTA volunteers and funded by grants, donations and membership dues.

To say it has been a privilege for me to lead the "ECTA Team" for the last six years is an understatement. Our many accomplishments are the result of a wonderful team consistently working toward the same goal. It is never one person who is responsible for success; it is always a team effort. I have had the great honor of working with a spectacular Board of Directors and a wonderful staff. I am forever in their debt. Special thanks to Rick Silverman, the Vice-Chair for the last six years and to Carol Lloyd who patiently keeps our projects moving forward.

During these very challenging times, people are flocking to enjoy our beautiful fields and woodland trails and ECTA is more essential than ever. My personal thanks to each and every one of you for your support. You are the heart and soul of ECTA.

See you on the trails,
Susan

TRAILS REPORT 2019

By Carol Lloyd

We had a really busy 2019 and completed several big projects. Please refer to the **Completed Trail Projects** list on the opposite page (page 5) to see by town work we completed this past year as well as some “before and after” photographs of our projects.

As you look at this list it is important to understand what goes into each project. Mowing and removing fallen trees are both pretty straight forward, but there are many other obstacles. The following points are what goes into each of our major projects:

- Funding Sources
- Contractor Selection
- Project Design
- Permitting and Approvals
- Scheduling
- Find Volunteers when necessary
- Project Completion
- Final Paperwork

Our Townwide Trail Management Plans help us streamline this process but as you can see, there is a lot involved. Right now we are putting our 2020 wish list together with the help of our Trail Stewards. Funding this work is an on-going challenge but sometimes we have projects that a donor has generously offered to fund entirely – those go to the top of the list. We are so glad we can continue this important work in these uncertain times!



Ellis property bridge after ECTA work.



New beaver deceivers on Trail #41

NEW BOARDWALK
(West Newbury)



Temporary boardwalk before building permanent structure.

TRAIL #41
(Willowdale State Forest)



Completed work on Trail #41.
Top left: trail before completing culverts and beaver deceivers.



Volunteers building and then finally standing on completed boardwalk.

COMPLETED TRAIL PROJECTS

TRAIL #23 (Willowdale State Forest)



Before replacing culvert.



Above photos: after replacing culvert and supporting stone work on Trail #23.

WATER TOWER TRAIL (West Newbury)



Before clearing trail



After clearing and mowing on the Water Tower Trail.

IPSWICH

- Installed three culverts and a beaver deceiver on the causeway in Willowdale State Forest on Trail #41
- Replaced a failed 24" culvert with a 5' wide arched culvert in Willowdale State Forest on Trail #23

- Cut back trails in Willowdale with students from Pingree School
- Cleared trail from Hi Roc Stables on Choate Street toward Sagamore Hill
- Cut brush back from the Susan Foster Trail at NE Biolabs
- Mowed, removed trees and re-marked the ECTA easement on the Maplecroft property

ESSEX

- Cleared and remarked the trail loop at Centennial Grove with students from Pingree School

HAMILTON

- Repaired a beaver deceiver on the causeway behind Pingree School
- Mowed the trail and cut back brush on the ECTA easement on the Eaton property

WENHAM

- Worked with the Town to update the Wenham trail maps and to develop a trail management plan for the Town
- Repaired the wet area by the new bridge on our easement on the Ellis property

WEST NEWBURY

- Mowed and cleared the Water Tower (Red) Trail heading down the hill by the Page School toward Riverbend
- Installed new boardwalk at the Coffin Street trail

Photos by Carol Lloyd

2019 CONTRIBUTORS

Dear ECTA Members and Supporters,

We acknowledge below the many donors and sponsors who have given beyond individual and family memberships in support of ECTA. Their generosity makes it possible to fulfill our mission—our heartfelt thanks to all.

*List as of December 31, 2019
Our apologies for any omissions.*

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Essex County Trail Association
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Bradley Palmer State Park
Photos by Mark Liptak



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