



To benefit the Essex County Trail Association – help us to preserve and maintain the beautiful trails in our communities!

# Thanks for the Trails 5K Run Registration

Friday, November 29, 2019 9:30 am  
Patton Park, Hamilton, MA

Entry Fee: \$30.00 post-entry

<b>Name:</b>
<b>Age:</b>
<b>Gender: M / F</b>
<b>Email:</b>
<b>City, State:</b>
<b>Phone:</b>
<b>Team Name:</b>

T-Shirt Size: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ \*\* First 100 registrants guaranteed a t-shirt

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Please send entry fees and completed applications to: **Essex County Trail Association, PO Box 358, Hamilton, MA 01936** - Phone: 978-468-1133. Please make checks payable to ECTA.

In consideration of this entry being accepted, I do hereby waive and release the race organizers, sponsoring organizations and companies and their agents, land owners, representatives and successors and the town and the state where the event is being held from all claim of action which I may at any time acquire as a result of my participation in this event. I understand this is a potentially dangerous activity and have trained sufficiently and understand the inherent risks involved. Registrations are non-refundable.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature for Participants Under 18 \_\_\_\_\_

**2019 Sponsors: New England Biolabs Inc.\*\*Institution For Savings\*\*EBSCO \*\*National Grid\*\*Rich May P.C.\*\*Cape Ann Savings\*\*New England Running Company\*\*Savoie Nolan Architects\*\*Giblee's Menswear\*\*Ipswich Bay Glass\*\*Ipswich Ale Brewery\*\*Coastal Grocers**