



To benefit the Essex County Trail Association – help us to preserve and maintain the beautiful trails in our communities!

Thanks for the Trails 5K Run Registration

Friday, November 29, 2019 9:00 am
Patton Park, Hamilton, MA

Entry Fee: \$30.00 post-entry

Name:
Age:
Gender: M / F
Email:
City, State:
Phone:
Team Name:

T-Shirt Size: S ___ M ___ L ___ XL ___ ** First 100 registrants guaranteed a t-shirt

Please send entry fees and completed applications to: **Essex County Trail Association, PO Box 358, Hamilton, MA 01936** - Phone: 978-468-1133. Please make checks payable to ECTA.

In consideration of this entry being accepted, I do hereby waive and release the race organizers, sponsoring organizations and companies and their agents, land owners, representatives and successors and the town and the state where the event is being held from all claim of action which I may at any time acquire as a result of my participation in this event. I understand this is a potentially dangerous activity and have trained sufficiently and understand the inherent risks involved. Registrations are non-refundable.

Signature _____ Date _____

Parent Signature for Participants Under 18 _____

2018 Sponsors: New England Biolabs Inc.Institution For Savings**EBSCO**Rich May P.C.**New England Running Company**Solectenergy**Ipswich Ale Brewery**Craft**Heidi Paek Realtor**Coastal**

Greengrocer Crosby's Marketplace**East End Bagels**Zumi's** Russell
Orchards**Greenhead**Cape Ann Savings Bank**